

Area/Scope	Period	Knowledge & Understanding 31%			Creative, Critical thinking and analysis 36%			Application, Practical & research skill 21%			Value and attitude 12%			Total No. of Questions	Total Marks	Time (in Minute)
		VS	S	L	V	S	L	VS	S	L	VS	S	L			
1) We and Our Society	15													2	5	9
2) Development and Infrastructures of Development	16	1	1			1					1			2	5	9
3) Our Social Values and Norms	16														5	9
4) Social Problems and Solutions	19	1			1	1						1		2	5	9
5) Civic Consciousness	22					1	1			1				2	11	20
6) Our Earth	27		1								1			2	15	26
7) Our Past	22	1												3	12	22
8) Our Economic Activities	18			1			1			1			1	3	12	22
9) Our International Relation and Cooperation	15	1	1						1					3	5	9
<b>Total</b>	<b>170</b>	<b>4</b>	<b>3</b>	<b>1</b>	<b>1</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>2</b>	<b>1</b>	<b>1</b>	<b>2</b>	<b>0</b>	<b>21</b>	<b>75</b>	<b>135</b>
<b>Total Marks</b>		<b>4</b>	<b>12</b>	<b>7</b>	<b>1</b>	<b>12</b>	<b>14</b>	<b>1</b>	<b>8</b>	<b>7</b>	<b>1</b>	<b>8</b>	<b>0</b>		<b>75</b>	

Types of Questions	No. of questions	Mark Division	Total Marks	Time Division
Long Answer Question	4	1×7	4×7=28	Each 1 mark question takes 1.8 minute. Students need to answer the questions by adjusting the time as per the nature of the questions. They need to answer the questions without making a long background to read the questions, think and answer them on time.
Short Answer Questions	10	1×4	10×4=40	
Very short Answer Questions	7	1×1	7×1=7	
<b>Total</b>	<b>21</b>		<b>75</b>	

**Note:**

- Questions can be asked from the contemporary affairs of Nepal and the world by adjusting the subject and areas concerned will the above mentioned units. However, such questions should be relevant with the curriculum and textbook of the social studies.
- The provision has been made to make the very short, short and long questions by combining two units. The provision has also been made to prepare such questions from the two domains (Levels) of learning. For Example, a short question should be prepare from value and attitude level of the unit 4 while the same mark's short question should be asked from the creative, critical thinking analysis, and problem solving of the unit 3, and vice versa. The same rules will be applicable for other units and level of questions, too.
- In the unit 6, a long question will be asked to draw a map of Nepal to show the general size and shape using the free-hand method. An alternative question to draw a map of any one of the continents: Africa, North America, and South America by using same method will also be asked. Also, the island to the north of the Hodson Bay.
- At list a short or a long question of project work including its such organs as action plan, method, tools, and report or any one organ among the various organs of report of excursion will be asked relating to the community work from the ability to do level. (From any one out of unit 5, 6, 7, 8 and 9).
- Item (question) number should be fixed as 1 to 7 for very short, answer-questions, then 8 to 17 for short answer-questions and then 18-21 for long answer-questions.
- Letter- based grade should be determined by summing up the written (theoretical) and practical marks obtained by the students.

**First Terminal Examination**

Unit	Topics	Per iod	Activities	Course content
We and Our Society	Human Resource development	2	group work presentation/individual	-classification of work -types of Human resource(skill/tenure) -process & management of development of HR -challenges & fore sight -Process of preparing
	HDI in Nepal	1	Individual / group interaction	-HDI calculation -importance -Nepal's HDI -GDI
	Concept of Regional Development and Federalism	2	Individual/group	-Concept of regionalism -Concept of Federalism -Concept of central &state Govt. -base of division -Advantages/ Disadvantages -Needs of Federalism
Infrastructures of Development	Sustainable Development	2	Web search, discussions, critical explanation	-Definition -Principles -Goals Spectrums(economic/social/cultural/natural/political)
	Ongoing Developmental projects of Nepal	2	Writing in chart about projects with pictures	-Chure protection(concept/area/objectives/funded) -Pokhara Regional international Airport (concept/area/objectives/funded) -Tamakoshi/ Budhigandaki (concept/area/objectives/funded) -Mid hill highway (concept/area/objectives/funded)
Tradition/ Norms and values	Our National Heritages	2	Individual and group With pictures, report preparation	-Definition -classification -Ten heritage sites with description -Some extra sites(description) -Present condition - Efforts to protect them (individual/community/ government)
	International personalities	1	Prepare biography Search other public figures as such	-Kailash Satyarthi Martin Luther king
	Universal brotherhood	2	Carryout project	-Need of brotherhood -ways to maintain -Organizations to maintain
Social Problems and Solutions	Human trafficking	2	Collect social problems and evils, present in the form of reports, news article	-UN protocol for Human trafficking -Types -Girls trafficking(procedure/causes/effect/solution /working agencies) -child trafficking(procedure/causes/effect/solution /working agencies) -Human organ trafficking(procedure/causes/Effect /solution /working agencies)
	Domestic Violence& untouchability	2	Prepare a news report on of the problems	Definition and difference between -Domestic Violence (procedure/causes/effect/solution /working agencies) -Untouchability (procedure/causes/effect/solution /working agencies)
Civic consciousness	Legislature	2	Discussion/ call a representatives if possible	-Definition -CA and Legislature -Federal and provincial legislature -Composition of both -Federal and provincial parliament -Qualifications to be member -Functions
	Executive	2	Discussion/visit to a local body	- Definition -Levels of Executive ( Federal/Provincial/Local) -Formation process -Powers and functions
	Judiciary	2	Discussion with some judges,	-Concept of Judiciary

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			lawyers	-Three tiers of Courts, formation process, Qualifications, Power and Functions
Our Earth	Climates of the world	1	Clarify with examples, audio-visual demonstration, explanation	-climate/ weather/ vegetation/ -Factors affecting climate
Tropical Zone	Equatorial	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Tropical Grassland	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Tropical Desert	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Tropical Monsoon	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
North America	North America: Geographical and Natural Environment	1	Practice map making and illustrations	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	North America: Economic Activities and Social Life	1	Practice map making and illustrations	Concept, Economic activities, different tribes ethnic groups, way of living
Our Past	Revolution of 2007BS and Delhi Agreement	2	Documentary and explanation	Delhi Agreement, Cause, situations, conditions Revolution 2007, causes and consequences
	A decade of Democratic Politics	1	Explanation	Unstable government- reasons focused study Causes of formation and failures of different government
	Abduction of Democracy Ban on Political Parties	1	Explanation	Concept of Coup ( Direct rule of King Mahendra), Socio-economic achievements from 2007 to 2017
Economic Activities	Current Plan	1	Class Presentation on current plan index	Introduction, importance, fifteenth plan and its long term vision, goals, objectives, strategies, some quantitative goals
	Tourism Industry	1	Brain storming, class presentation	Concept, types and prospects, challenges, solutions Tourism in current plan provision
	Water	1	Interact with resource person either physical or audio visual Documentary and informative videos	Current status of power supply, prospects and challenges of hydropower production in Nepal
Our International Relation	United Nations and Its Organs	1	Understanding UN and its members through power point presentation or audio visual form	Concept, Historical Background of the UN, Organs
	Nepal's Role in the UN	1	Text book reading and explanations, interaction with some UN officials and draft a findings	Different roles like Participation in peace keeping, representation in the UN system, advocacy for peace etc.
Maps, diagrams and free writing	Additional writing + Revision	2	Newspaper sample cut pieces	News article, Editorial, Letter to the Editor, monologue, dialogue, schedule card, map making
		42		

**Note:-**

- Teachers are requested to discuss about contemporary issues of the country and world for better achievement.
- Above given topics to carryout are just guidelines and basic concepts to discuss. Students must have basic knowledge about these things.
- Some extra classes are to be given to the students to complete the given course on time so the teachers are requested to arrange the extra classes as needed.
- Time allocation may not be always absolute so the teachers are requested to arrange classes according to the level of students.
- The mid-term Exam begins from 2<sup>nd</sup> Ashoj and ends on 11<sup>th</sup> Ashoj.
- 42 working days will be there and remaining days can be used as revision classes.

**Mid-Terminal Examination**

Unit	Topics	Per iod	Activities	Course content
We and Our Society	Provinces of Nepal	2	Individual/group	Geographical Environment Socio cultural aspects Economic activities and development
Development, Infrastructures of Development	Infrastructure of Development	1	Group Interaction, case studies	-Concept of Skilled Human Resource, Employment Opportunities, relations
	Contemporary Development Goals	3	Experts interviews and findings Nepal's achievements on MDG and SDG	Concept of MDG, background, concept of SDG, background, efforts of Nepal to meet those goals.
Our Social Values and Norms	Folk Songs of Nepal	1	Video and audio illustrations, singing competitions inside classroom, motivational folk singers success story	-folk songs, related community, time of singing, importance, Jhalakman Gandarva, some other folk singers story
	Folk Musical Instruments	1	Musical instrument Museum visit Located at (Tripureshwor)	-Introduction of different instruments, significance and ways to protect them
	Folk and Classical Dances	1	Audio Visual presentation through multimedia, student centric classes, particular ethnic group of student can show own dance or explain on it.	Introduction on classical and fol dances, dances of different communities
	National Days	1	Classroom interactions, date memorisations	Martyr's Day, Children's Day, Constitution's Day, Democracy Day, Education Day, International Women's Day, International Labor Day, Republic Day Ways to celebrate, importance
Social Problems and Solutions	Some Bad Customs	1	Collect social problems and evils, present in the form of reports, news article Exploration and ways to solve such bad practices	Ghumto, Deuki, Jhuma, Chhaupdai, Daijo
	Identification of Social Problems and Problem-Solving Skills	1	Class Interaction Explore any day to day practices to solve those problems	Identification of Problem, problem solving skills Reject, accept and delay
Civic consciousness	Other Constitutional Commissions	1	Discussion/ call a representative if possible	National Women Commission, National Inclusion Commission Indigenous, Madhesi, Tharu and Muslim commission
	Political Parties	2	Ideas sharing related to the significance of political parties by experts of subject teacher	- Definition -registration process - role of political parties to establish democracy in Nepal
	Election Process	2	Subject experts' presentation, interview	-Introduction, importance, bodies to conduct election, Electoral Roll, voters identity card, election system etc
	Role of Citizens in the Election	1	Experts views, informative videos through projector	Roles focus on before, during and after election
Our Earth/ Temperate Zone	Mediterranean climate	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Temperate Desert climate	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Temperate Monsoon Climate ( China Type of Climate)	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Cool Temperate Oceanic Climate (British Type of Climate)	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Temperate Grassland Climate	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	St. Lawrence or	1	Table formation	Location/area /climate/Vegetation/wild life/socio-

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	Manchurian Climate			economic aspect.
South America	SOUTH America: Geographical and Natural Environment	2	Practice map making and illustrations	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	SOUTH America: Economic Activities and Social Life	2	Documentary overview, information cards, charts	Major Economic activities
	Natural Disasters: Earthquake and tsunami	2	Destructive videos, photos, related videos demonstration, school mock earthquake rescue program	Concepts, causes, effects, awareness and safety measures
Our Past	Political Events from 2017 BS to 2046 BS	2	Documentary and explanation	Janakpur Incident, Jhapa Revolt, Sukhani Assassination, Timburbote Incident, Referendum, Peoples's Movement 2046 BS, etc
	Causes of the Rise and Downfall of Panchayat System	1	Explanation, documentary view	Causes of Rise Causes of Downfall
	Political Events from 2046 BS to 2062 BS	2	Explanation, Audi-visual illustration	Constitution of the Kingdom of Nepal-2047, Mid term Election, armed revolution, direct rule of King Gyandndra, PM-II, causes and Consequences
	Exploration, Identification, Preservation and Promotion of Historical sites and Monuments	1	Field visit, data collection process, preparing a report as per the standard format	Report writing Introduction Objectives methods of the Study findings Conclusion Overview on any one or two major religious, historical and cultural important places.
Economic Activities	Cooperatives	2	Brain storming, exploring ideas through interaction method	Introduction of Cooperatives, history, values, principles, types, need, problems and solutions
	Financial Education	2	Interaction with finance stakeholders, interviews and collection of ideas, sharing inside classroom, teacher can facilitate and conclude the secession	Introduction, finance system, finance institutions, bank account, types of account, E Banking, ATM, Credit Card, SMS Banking Service, saving, types of Saving, advantages
	Financial Instruments	2	Use of Secondary sources for more information, interactions inside classroom, ideas sharing with related resource person if possible	Concept on Clean notes, bank loan, Remittance, Foreign Exchange, Security Bonds, Share and its types
	Insurance	2	Use of Secondary sources for more information, interactions inside classroom, ideas sharing with related resource person if possible	Concept, types of insurance,
Our International Relation	Specialized Agencies of the United Nations	2	Memorization, self-study understanding Teacher can help if any difficult ideas	UN Specialized Agencies UN Programs and Funds Related Organizations
	Activities of the United Nations in Nepal	2	Text book reading and explanations, interaction with some UN officials and draft a finding	Major Organizations under UN and their major roles.
	Current Affairs and Their Effects	2	Class interactions	Climate Change, Disarmament, Landmines, Nuclear Energy, Population Growth, Sustainable Development, Terrorism, COVID-19
Maps, diagrams and free writing	Additional writing and revision	2	Newspaper sample cut pieces	News article, Editorial, Letter to the Editor, monologue, dialogue, schedule card
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- Some extra classes are to be given to the students to complete the given course on time so the teachers are requested to arrange the extra classes as needed.
- Time allocation may not be always absolute so the teachers are requested to arrange classes according to the level of stud
- 52 working days will be there and remaining days can be used as revision classes.

**Pre-Qualifying Examination**

Unit	Topics	Period	Activities	Course Content
Development and Infrastructures of Development	Formulation of Development Proposal at Local Level	1	Interview with local officials like mayor, deputy mayor, ward chairperson	Models of proposal, implementation process, steps for implementation
Social Values and Norms	Universal Brotherhood	1	Explanation, interaction	-Importance, measures to maintain
	Responsibilities Towards the Senior Citizens	2	Interaction and explanation	-Concepts, senior citizen's rights, existed legal rights and practices.
Social Problems and Solutions	Roles Played by the International Organisations	2	Conceptualization interaction	Red Cross, Scout, SOS, and other organisations
Civic consciousness	Constitutional Bodies	2	Images, cards of those Institutions Interaction with teacher	CIAA AG PSC EC NHRC NNRFN
	Human Rights and National and International Agencies	2	Discussion/ call a representatives if possible	Introduction of Human Rights, fundamental Rights, Universal Declaration of Human Rights, thirty Articles, and agencies working on Human Rights
	Rights of Women and Indigenous Nationalities	2	Ideas sharing related to the significance of women and indigenous rights by experts of subject teacher	- Constitutional Provisions on the rights of women and indigenous nationalities.
	Citizen Identity and Citizenship	2	Consultation of constitution to make in-depth ideas	Citizenship, constitutional practices to acquire citizenship, types of citizenship
Our Earth	Alpine Climate or High Mountainous Climate	1	Chart paper presentation, resource person explanation	Introduction, climatic region, climatic characteristics, natural vegetation and animals etc
	Climate, Vegetation and Animals in the world	1	Chart paper presentation, resource person explanation	Types of forest, climate, vegetation animals
	Effects on Climate and Topographic Diversity on Life Style	1	Chart paper presentation, resource person explanation	Different lifestyles of people in different climatic region
	North America, South America, Africa and Nepal	2	Chart paper demonstration Maps	Compare and contrast among these in-terms of different aspects.
Frigid Zone	Cold Temperate Climate or Coniferous or Siberian climate	2	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Polar Climate	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Alpine Climate or High Mountainous Climate	1	Table formation	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Climate, Vegetation and Animals in the World	1	Table formation	Forest, climate, vegetation and animals
	Effects on Climate and Topographic Diversity on Lifestyle	1	Audio-visual illustration, photos collection and explanation	Impact of Climate to human life and their life style
Africa	Africa: Geographical and Natural Environment	1	Practice map making and illustrations	Location/area /climate/Vegetation/wild life/socio-economic aspect.
	Africa: Economic Activities and Social Life	2	Internet consultation, power point presentation, group presentation	Major source of Economy, economic management
	Globe, Map and Map Technology	1	Resource person explanation, text centric classroom activities, map making practices inside class	Types of map, concept of map, ways of making map, importance of map
Our Past	Political Events After 2062/63 BS	2	Explanation, audio-visual illustration	Historical Declaration of House of Representatives, Eight points

				Agreement, Comprehensive Peace Agreement, reasons behind not drafting constitution by the first Constituent Assembly, context of Constituent Assembly second, overview of politics of Nepal till the date
	Social and Economic Achievements After PM-II	1	Explanation, class room presentation	Social and economic achievements End of social evils, increase awareness, improved lifestyle, end of discrimination, affirmative action and proportional inclusiveness Poverty reduction, Economic Growth, increase foreign investment and employment opportunities
	Causes of the first world war	1	Documentary and explanation	Groupism, Extreme Nationalism, militarism, Balkan Crisis, immediate cause and so on
	Consequences of the first world war	1	Documentary and explanation	Versailles treaty, formation of league of nations, rise of dictators and so on Role of Nepal in the first world war
	Causes of the second world war	2	Documentary and explanation	Violations of Versailles treaty by Germany, failure of the League of Nations, Rise of Dictators, unholy alliances ec
	Consequences of the second world war and Role of Nepal	2	Documentary and explanation	Polarisation, cold war, establishment of competitor organization, establishment of UN etc Role of Nepal in the second world war
Economic Activities	Foreign Employment in Nepal	1	Audio-visual presentation, group discussion, case studies, power point presentation	Concept, importance, challenges, ways to solve major problems inside foreign employment
	Revenue and Tax collection	2	Interview with a resource person, Explanation	Revenue, Tax revenue, non-tax revenue, prevailing taxes like VAT, Custom Duty, Excise Duty, Income Tax
	Consumers' Rights	2	Interaction with stakeholders, interviews and collection of ideas, sharing inside classroom, teacher can facilitate and conclude the secession	Efforts made for the protection of consumers' rights, consumers' education
Our International Relation	Globalization and Localization	2	Sharing ideas, interaction	Dimensions, positive and Negative aspects
Maps, diagrams and free writing	Additional writing and revision	2	Newspaper sample cut pieces, map works, diagram making	News article, Editorial, Letter to the Editor, monologue, dialogue, schedule card
		48		

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- Some extra classes are to be given to the students to complete the given course on time so the teachers are requested to arrange the extra classes as needed.
- Time allocation may not be always absolute so the teachers are requested to arrange classes according to the level of students.
- Prequalifying Exam begins from 28<sup>th</sup>Paush and ends on 8<sup>th</sup>Mangshir.
- 4 8working days will be there and remaining days can be used as revision classes.